

Julie Farnam

FOR ARLINGTON COUNTY BOARD

Our Arlington. Our Future.



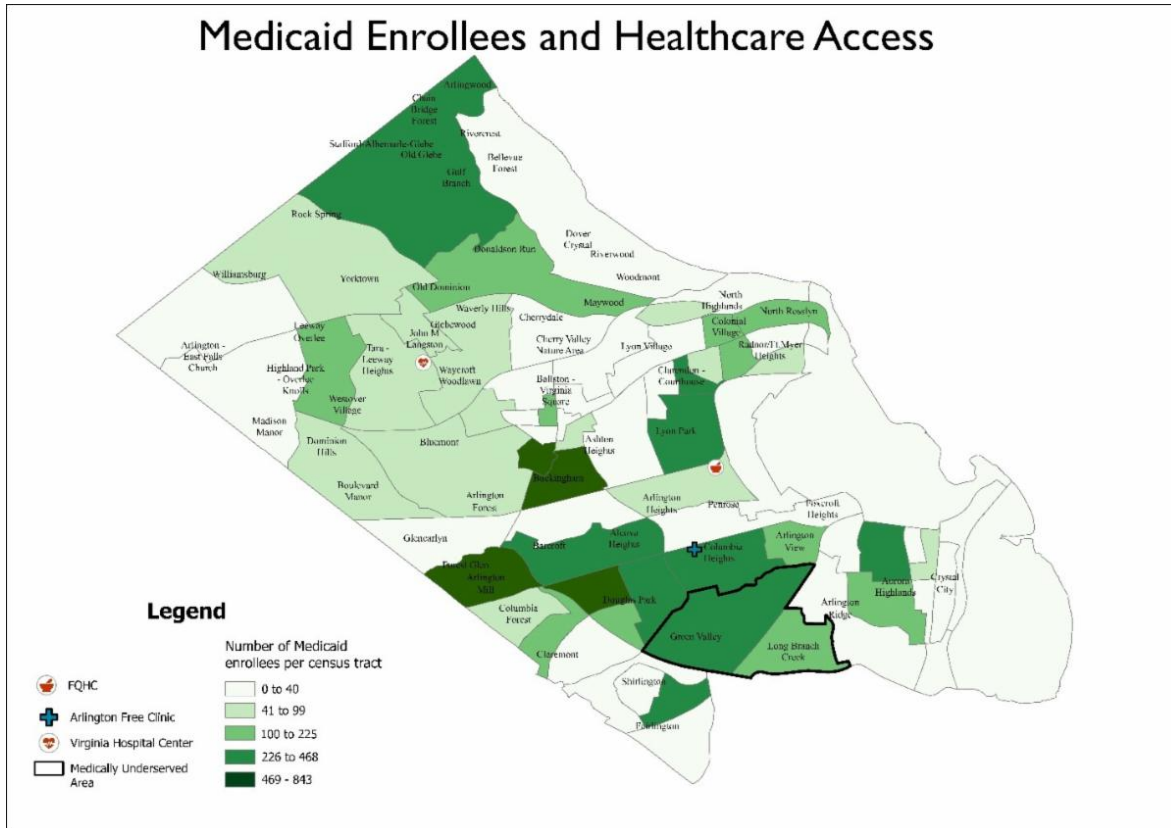
Inequities in Healthcare in Arlington

Equity and affordability are not only issues pertaining to housing in Arlington. They are also of concern when it comes to healthcare. In Arlington, chronic conditions (e.g., diabetes, heart disease) disproportionately impact minorities, the elderly, and service workers. According to the [Organisation for Economic Co-Operation and Development](#), 80% of all healthcare costs and 70% deaths pre-covid are due to chronic conditions. Those that suffer from them have a much more difficult time working or providing for themselves. As a result, they are more likely to experience poverty, insecurity, and homelessness.

It is no coincidence that the areas with the greatest healthcare need in Arlington overlap with pockets of poverty. There are four census tracts in Arlington that have more than 469 people on Medicaid, which represents a significant portion of those tracts' population. These census tracts and their approximate neighborhood are:

- 1020.01, Buckingham
- 1020.03, Buckingham
- 1022, Forest Glenn and Arlington Mill
- 1027.01, Douglas Park

The Health Resources and Services Administration has also identified two census tracts (1031 and 1038, Green Valley and Long Branch Creek, respectively) as Medically Underserved Areas (MUAs)—meaning there is a shortage of primary care providers there. This is unacceptable. We should be providing affordable healthcare options to those who need them, where they need them, and with the cultural competency to effectively serve them.



Map courtesy of Michael O'Grady.

Unfortunately, in Arlington we have just one Federally Qualified Health Center (FQHC). It is located in the 2100 block of Washington Blvd. and can be difficult to get to and from the areas that need it the most. By comparison, Alexandria has six FQHCs spread throughout the city. While Arlington also has the Arlington Free Clinic, the demand for services far [exceeds the capacity](#) to provide them.

Arlington needs more Federally Qualified Health Centers and should proactively seek to establish such centers, preferably in or close to the areas that need them. Better still, [there is federal funding available to establish these centers](#). Both public entities and nonprofits can apply for funding to open

What is a Federally Qualified Health Center (FQHC)?

In pertinent part, a FQHC includes:

- Qualifies for enhanced reimbursement from Medicare and Medicaid, as well as other benefits
- Serves an underserved area or population
- Offers a sliding fee scale
- Provides comprehensive services (either on-site or by arrangement with another provider), including:

and operate these centers. But with the federal money comes Health and Human Services (HHS) rules and procedures, which are often informed by rigorous analyses of data and best practices. Ceding control to other entities, even partially, is something the County has traditionally been hesitant to do in many areas of public policy. While this is understandable to a certain extent, it has also caused needless collateral damage to those lacking healthcare access.

1. Preventive health services
2. Dental services
3. Mental health and substance abuse services
 - Transportation services necessary for adequate patient care
 - Hospital and specialty care

More information can be found [here](#).

As a member of the County Board, I would work to identify potential locations in the census tracts noted above where Arlington could establish a new FQHC, and I would work with County staff to apply for and receive federal funding for this effort.

Endorsements



Naila Alam
Herndon Town Council

I am indebted to having the support of Naila Alam of the Herndon Town Council. As a candidate for Arlington County Board, I've made a concerted effort to reach immigrants and minority groups within the community. This is why my website is available in four languages and my flyers are available in additional languages. I believe the voices of all the people of Arlington should be heard and considered when making decisions and developing policies. Councilmember Alam recognized this commitment.

[Watch Naila Alam's video endorsement](#)



Mark Riley
Arlington Community Activist

I am infinitely grateful for the support of the community and especially for Mark Riley's commitment and guidance to my campaign. Mark has been a leader and activist in the community for many years. His efforts have positively contributed to Arlington in countless ways. From his dedication to our youth to the hundreds of thousands of dollars he has raised for nonprofits in Arlington through the annual Turkey Trot, his endorsement means much to me.



Remember on June 18th vote :

Farnam First!

Upcoming Events



Virtual Office Hours February 14, 2024 at 7:00pm

Got something on your mind? Julie wants to know. Chat with Julie during her virtual office hours each week.

[Sign Up](#)



Kabob Bazaar February 25, 2024 at 6:00pm

Join Julie for a conversation to learn about her vision for Arlington at Kabob Bazaar (3133 Wilson Blvd.) on Sunday, February 25, 2024, at 6:00pm.

[Sign Up](#)



Café Sazón

February 29, 2024 at 6:30pm
(en español)

Acompañe a Julie Farnam para un ayuntamiento en español en Café Sazón el jueves, 29 de febrero, a las 6:30 pm.

Join Julie for a town hall at Café Sazón (4704 Columbia Pike). This event will be in both Spanish and in English.

[Sign Up](#)



Wine Tasting Fundraiser

March 3, 2024 at 7:00pm

Join Julie for a private wine tasting at Le Vintage in Old Town (1218 King St, Alexandria, VA 22314) on Sunday, March 3, 2024, at 5:00pm.

[Get Tickets](#)

Julie Farnam is a mom and small business owner in Arlington. She previously served as the Assistant Director of Intelligence for the United States Capitol Police during one of the most tumultuous periods in this country's history. Prior to joining the Capitol Police, Farnam served with the Department of Homeland Security for over fifteen years. She is author of the book "[Domestic Darkness: An Insider's Account of the January 6th Insurrection, and the Future of Right-Wing Extremism.](#)"



Support Julie by Donating

I remain committed to helping Arlington thrive.
Your donation makes that possible.
Our Arlington. Our Future.

[Donate Today](#)

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Paid for and authorized by Julie for Arlington.

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